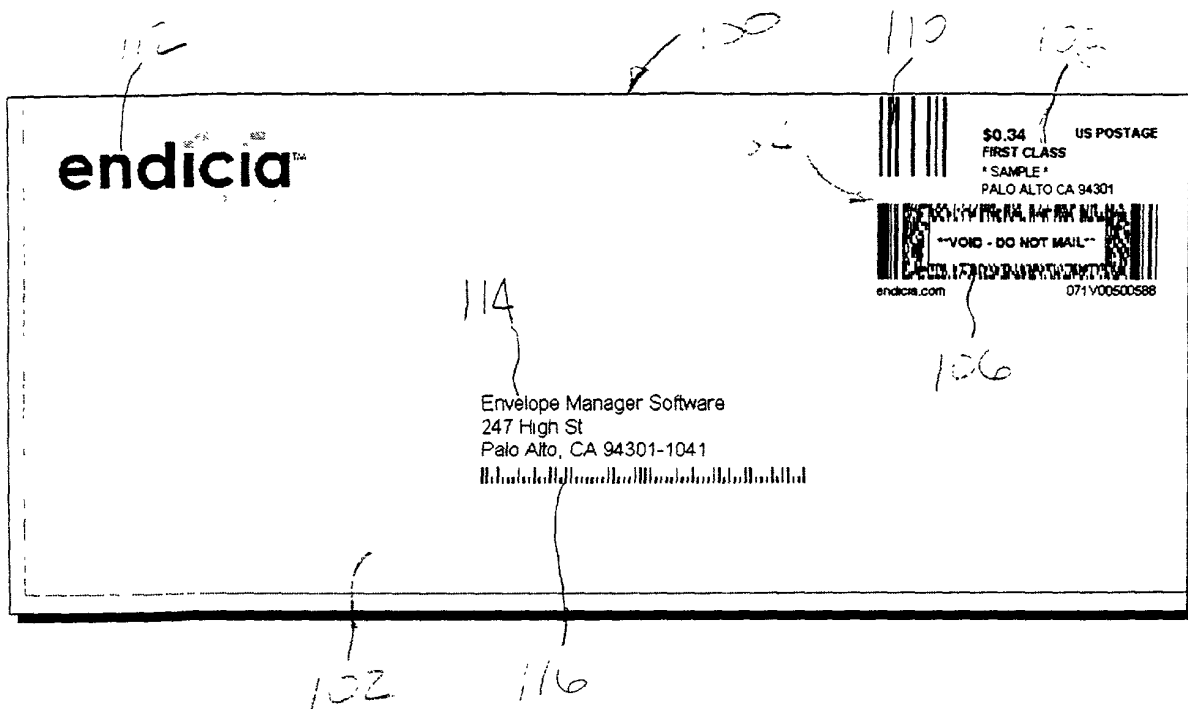


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FIG. 1 (PRIOR ART)



0990605 11001

[illegible]

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P

\$3.95 04 POSTAGE
PRIORITY MAIL
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VOID - DO NOT CANCEL

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SHIP Envelope Manager Software
TO 247 High St
Palo Alto, CA 94301-1041

e/USPS DELIVERY CONFIRM

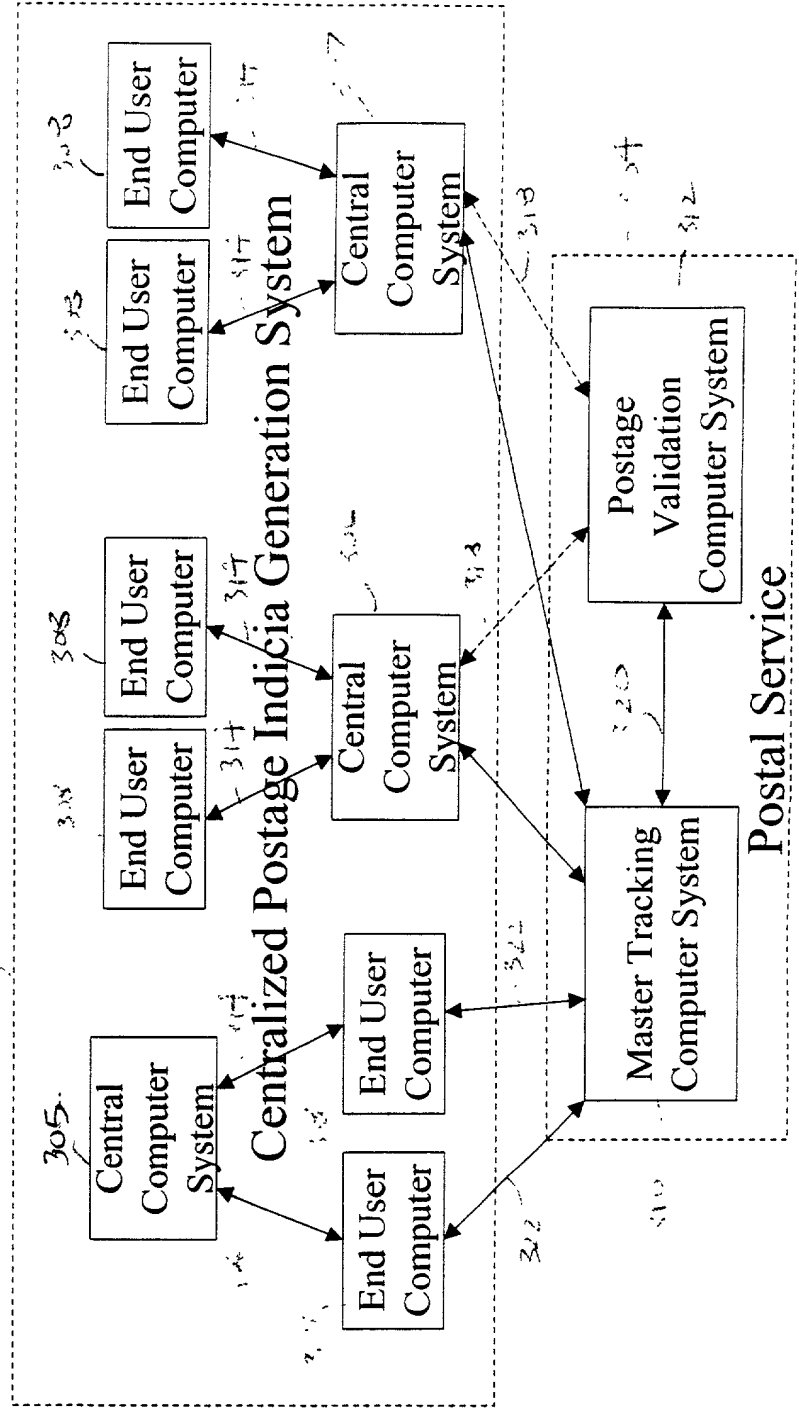
0180 5213 3070 2211 5878

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Fig. 3



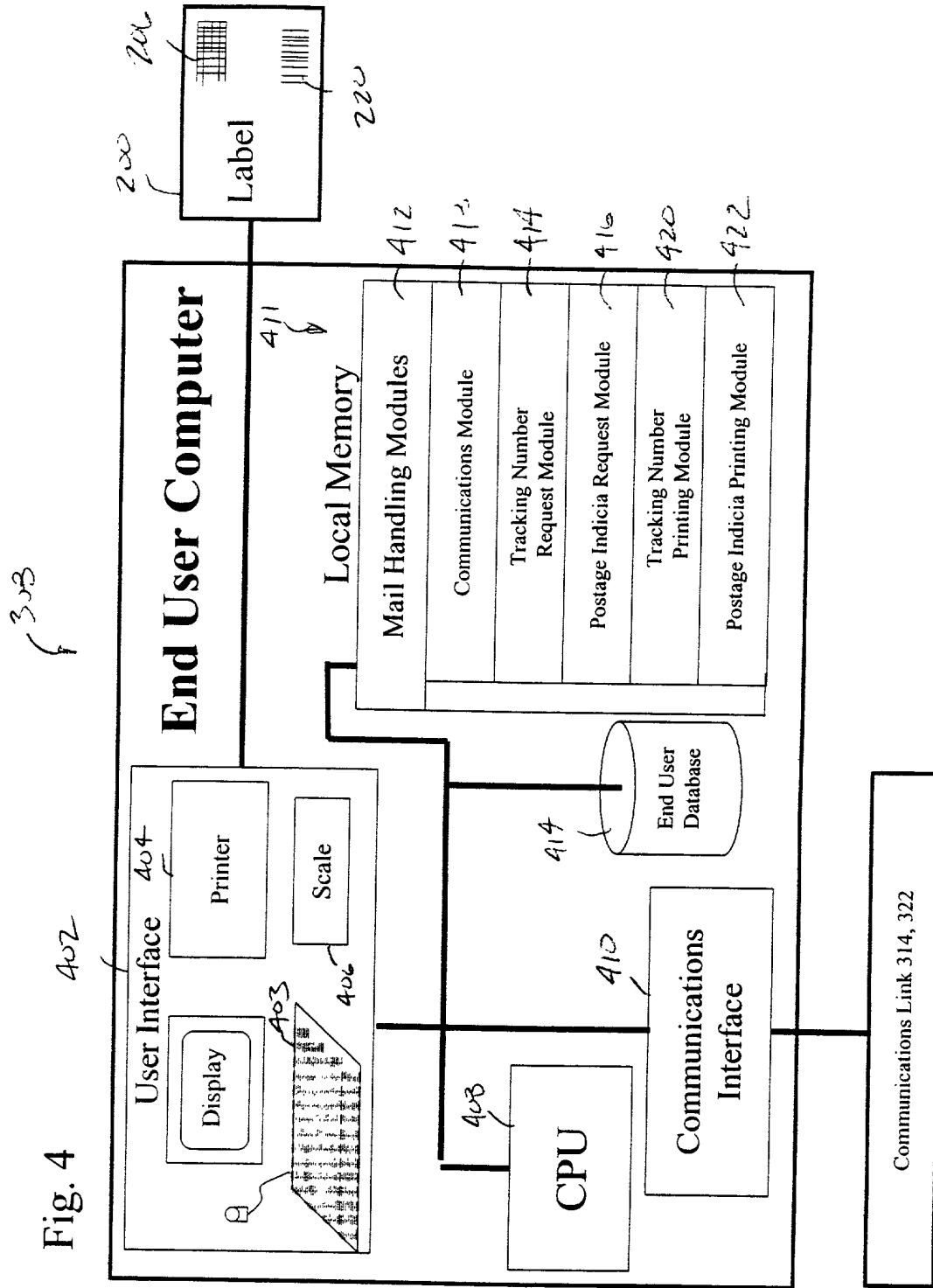


Fig. 5

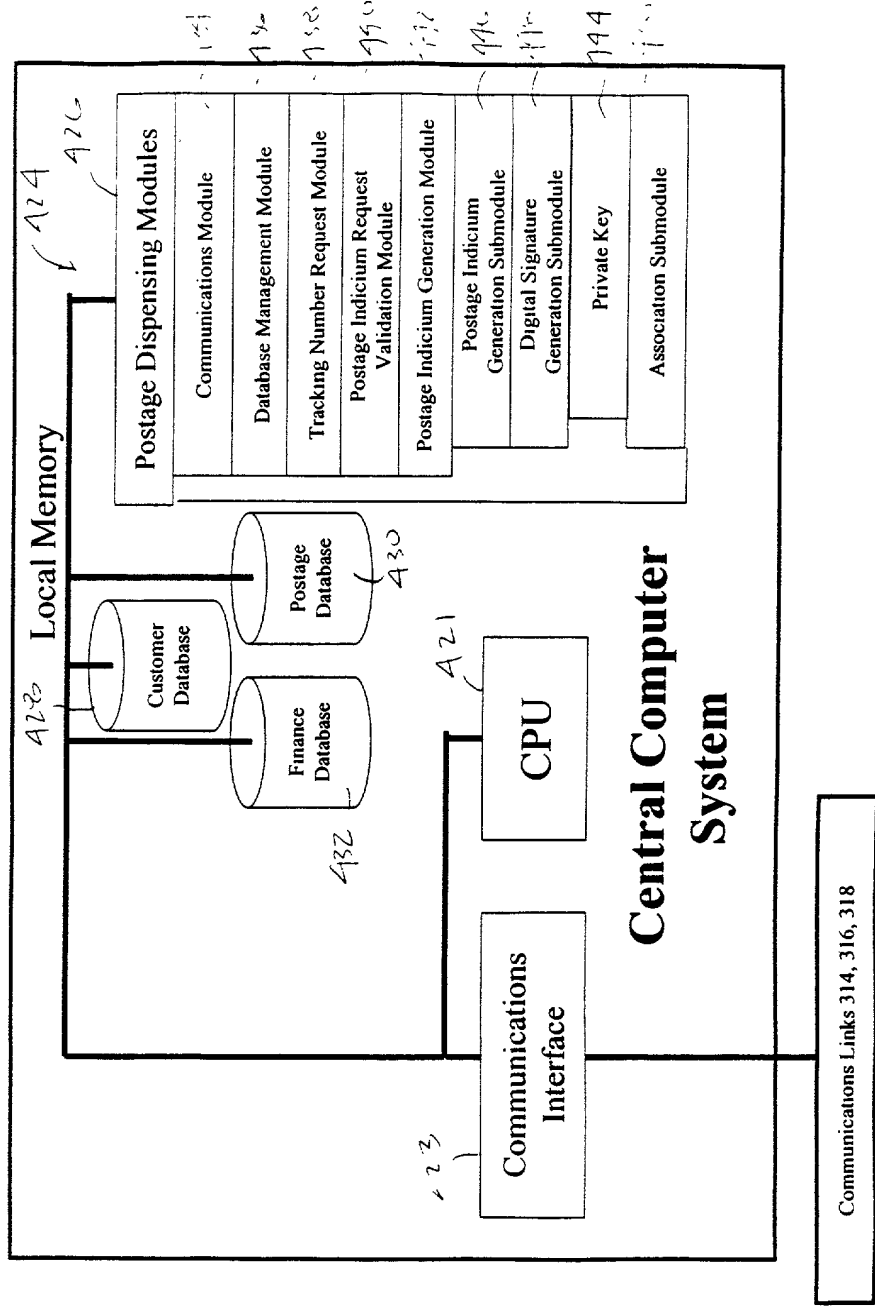
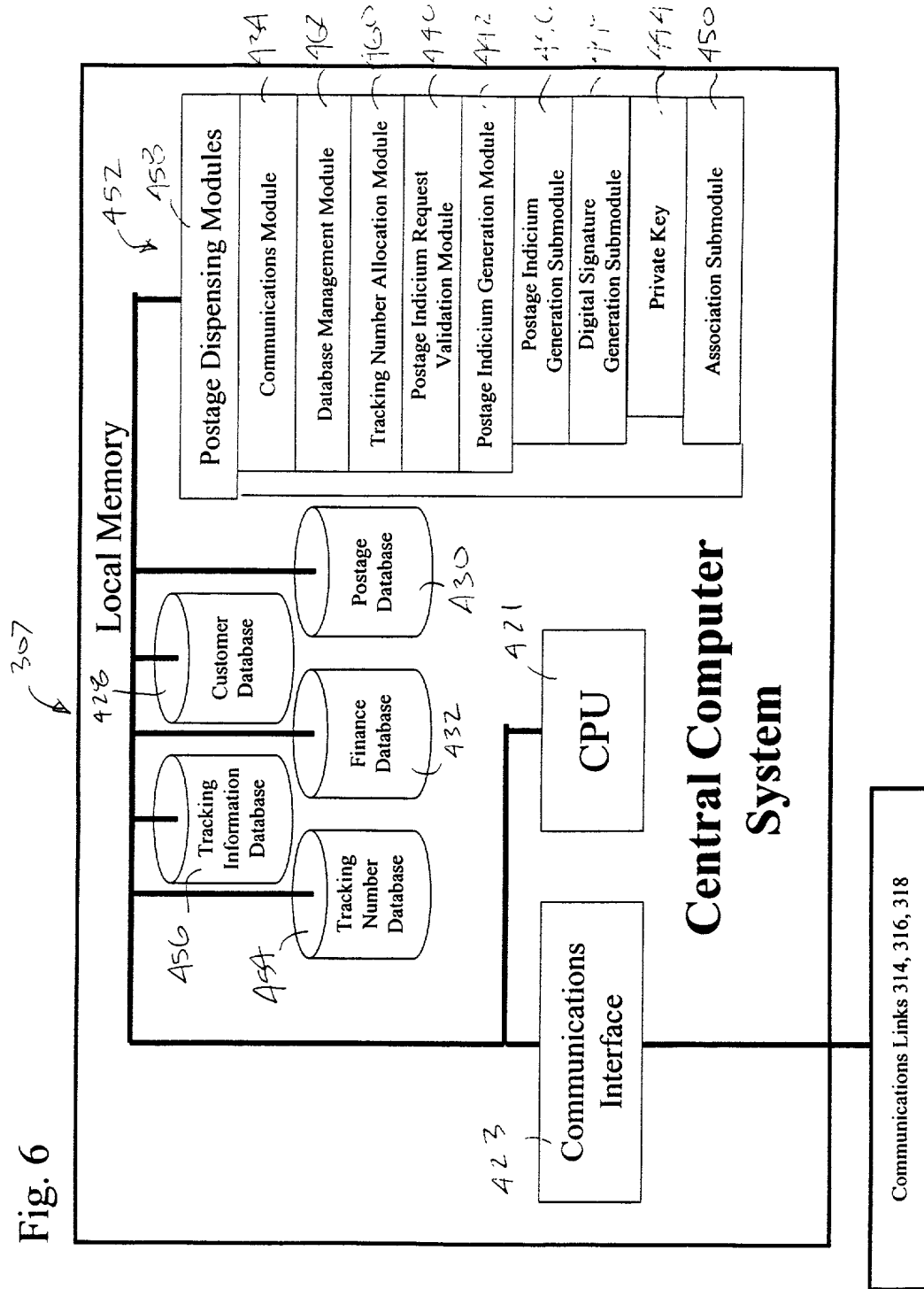


Fig. 6



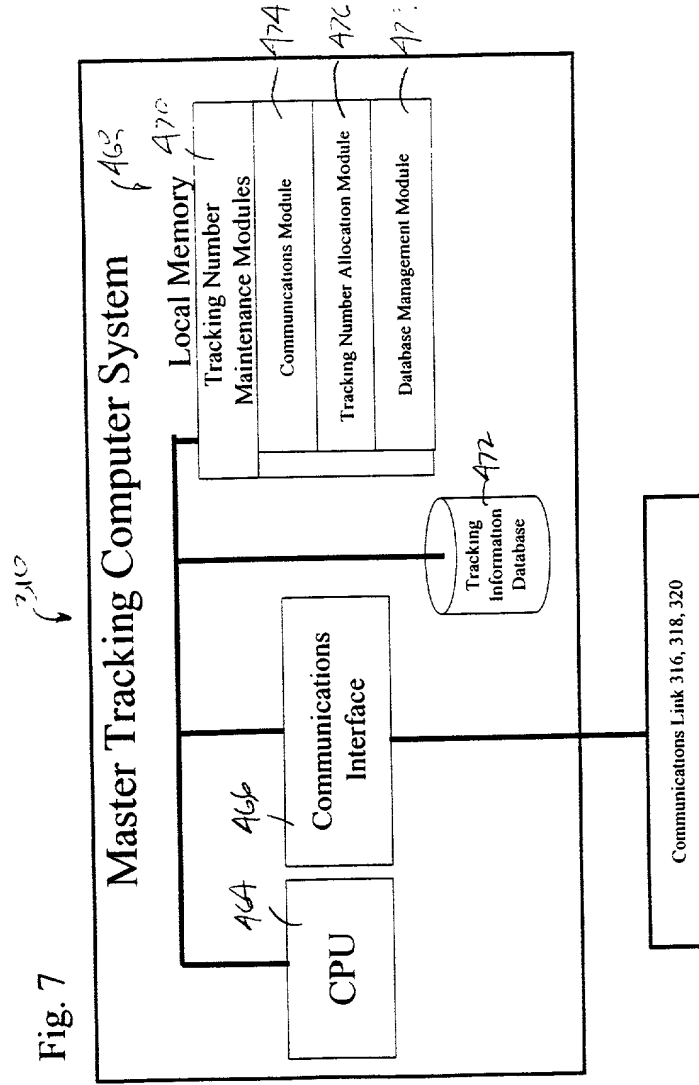


Fig. 8

312

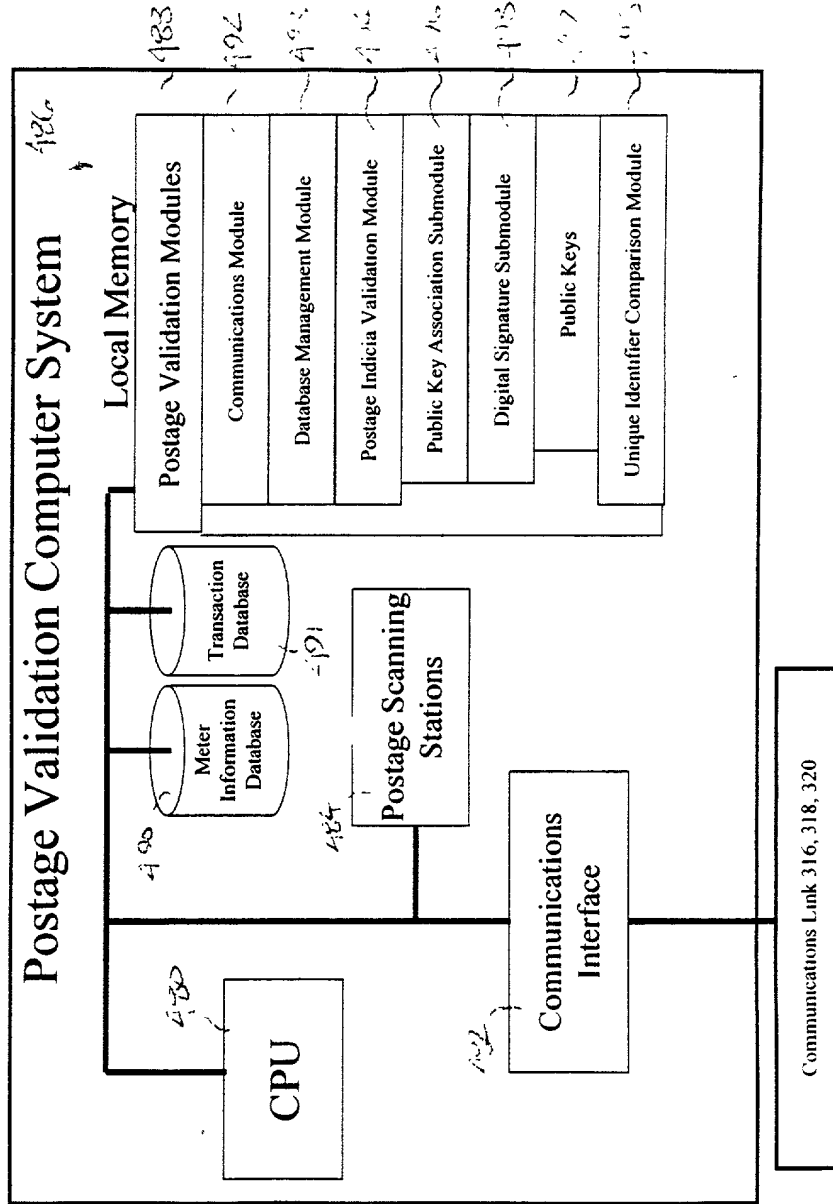


Fig. 9

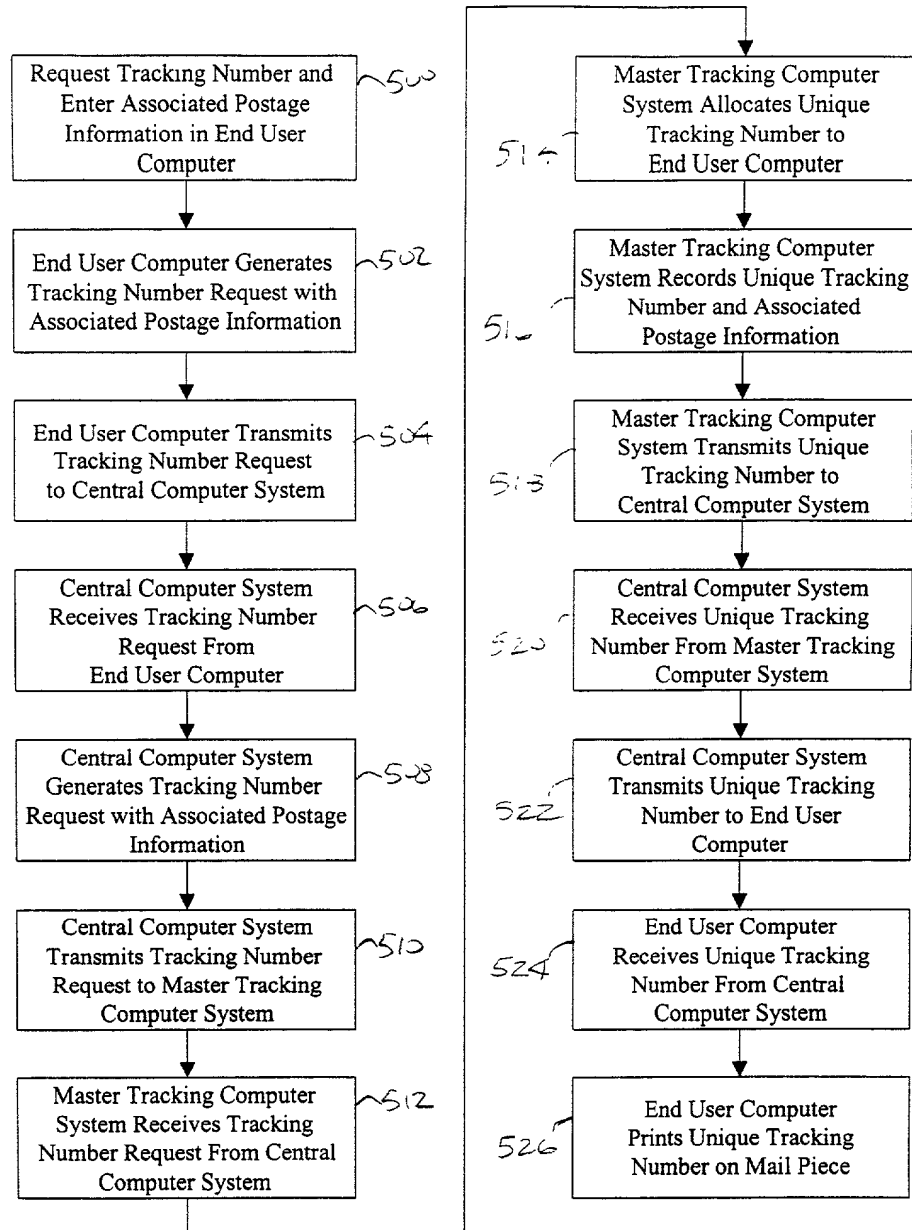


Fig. 10

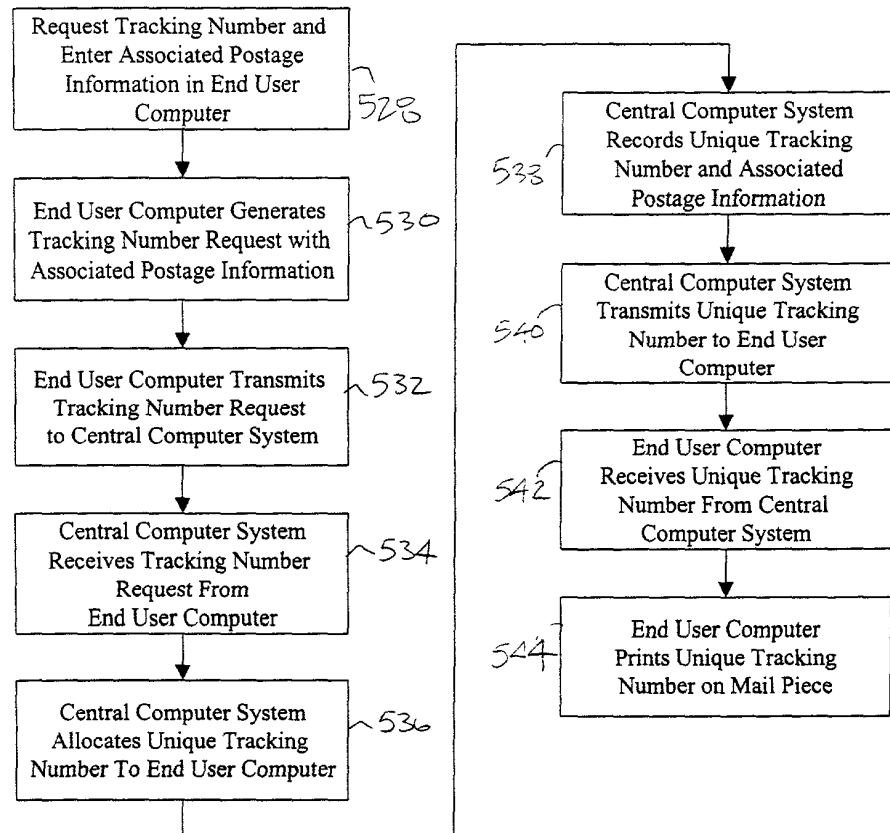


Fig. 11

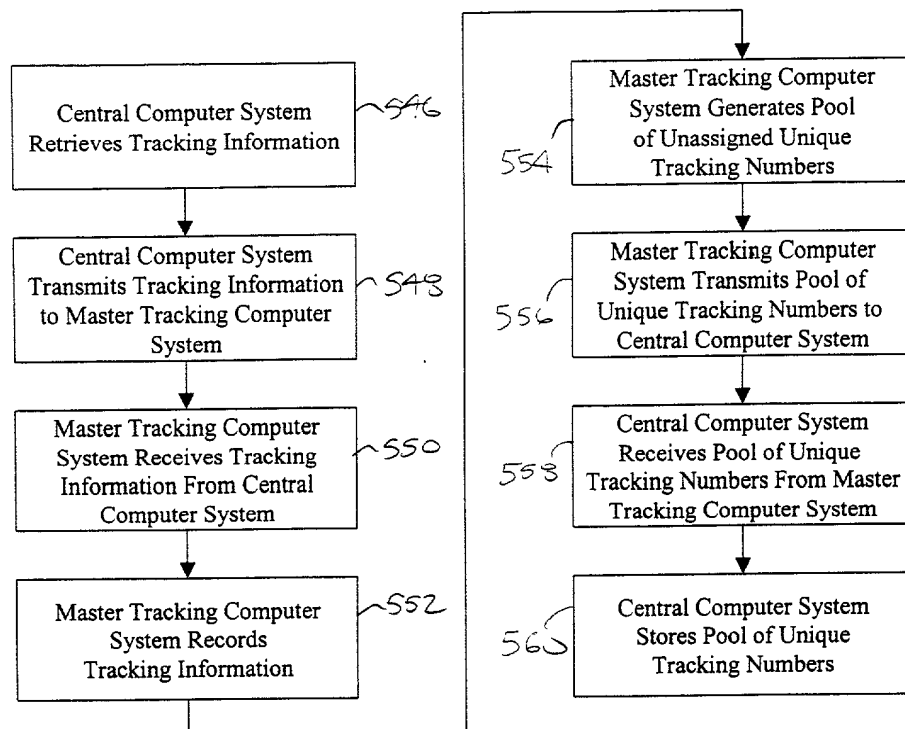


Fig. 12

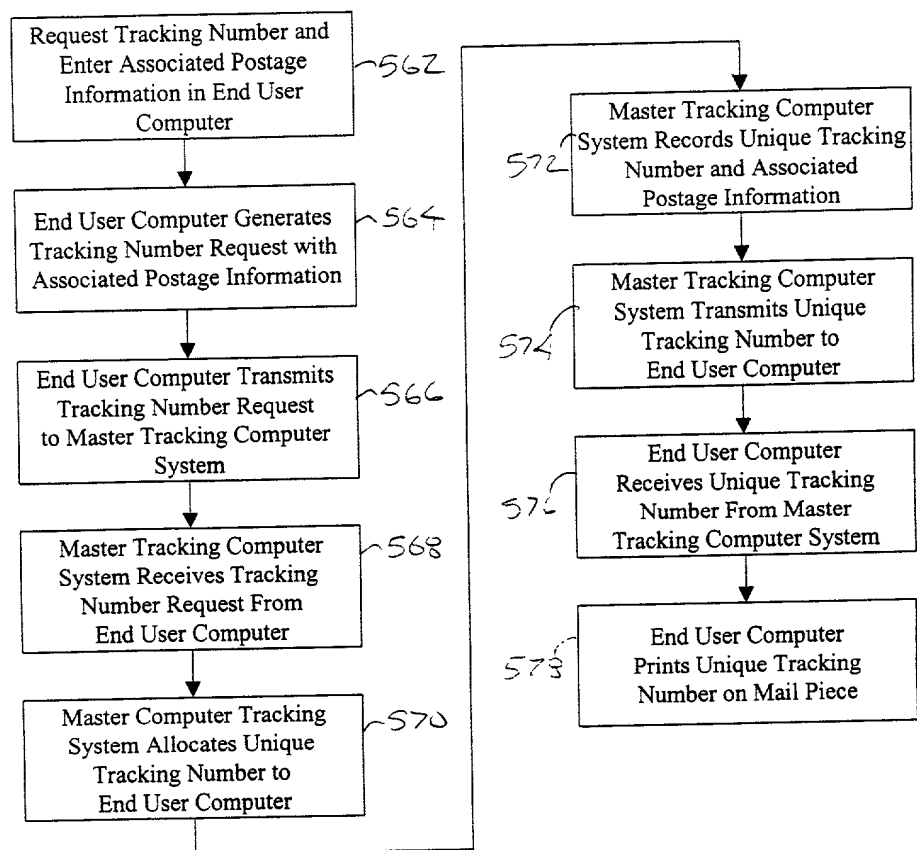


Fig. 13

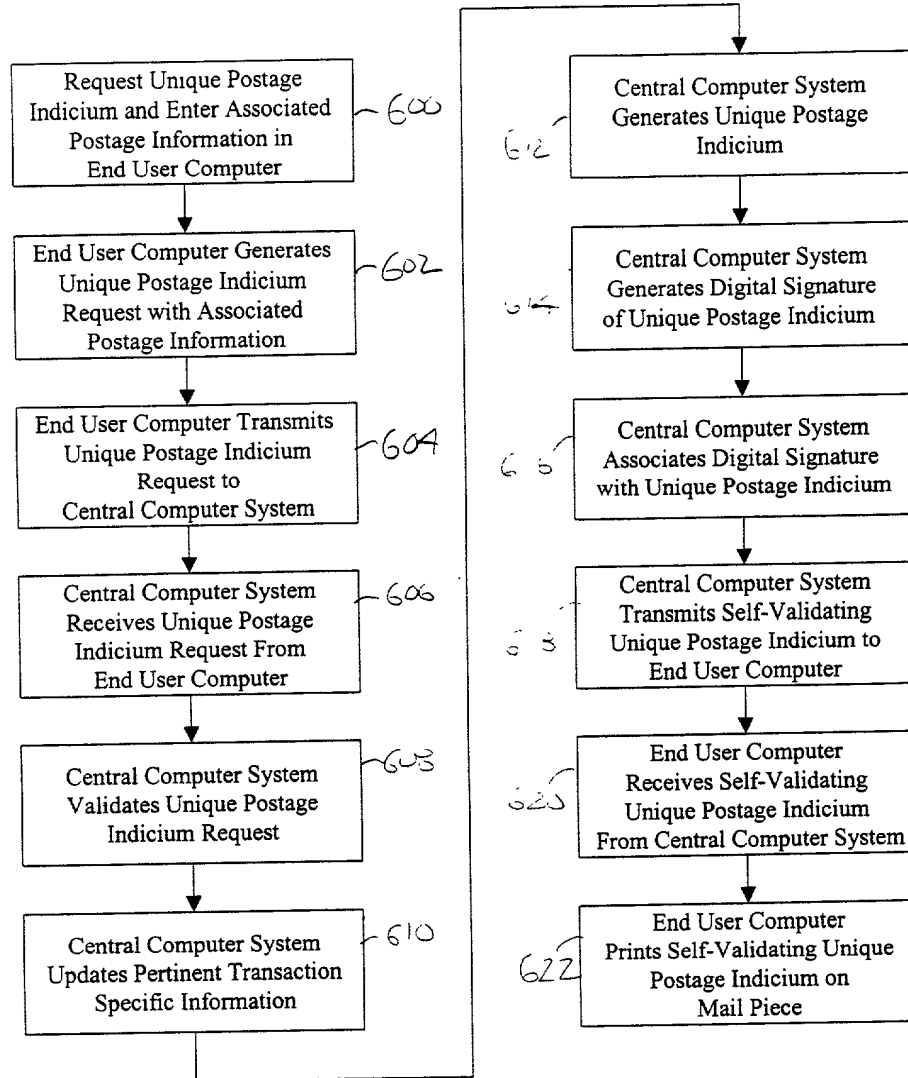


Fig. 14

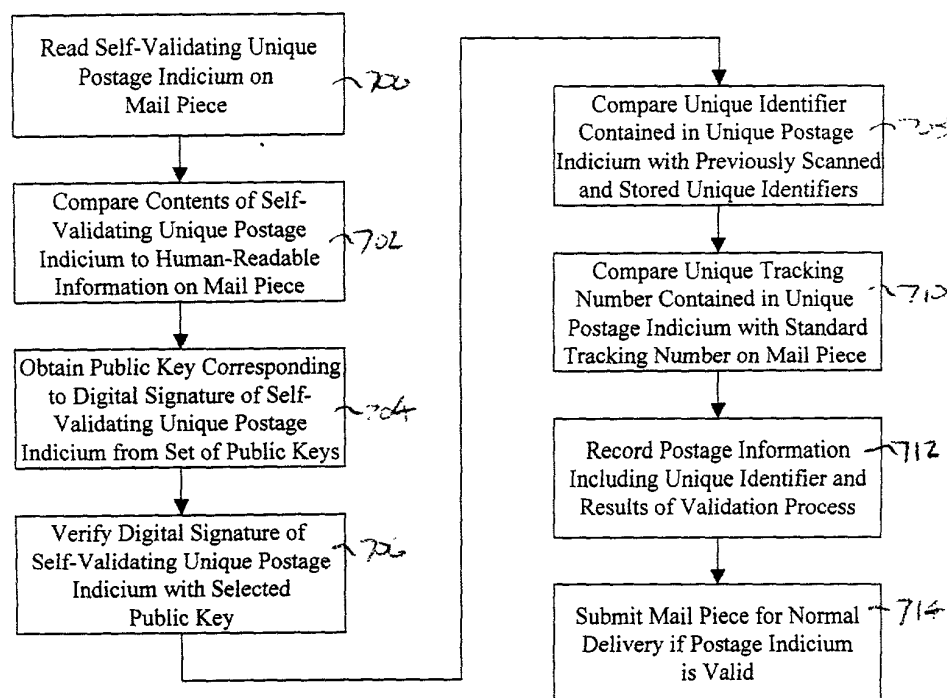
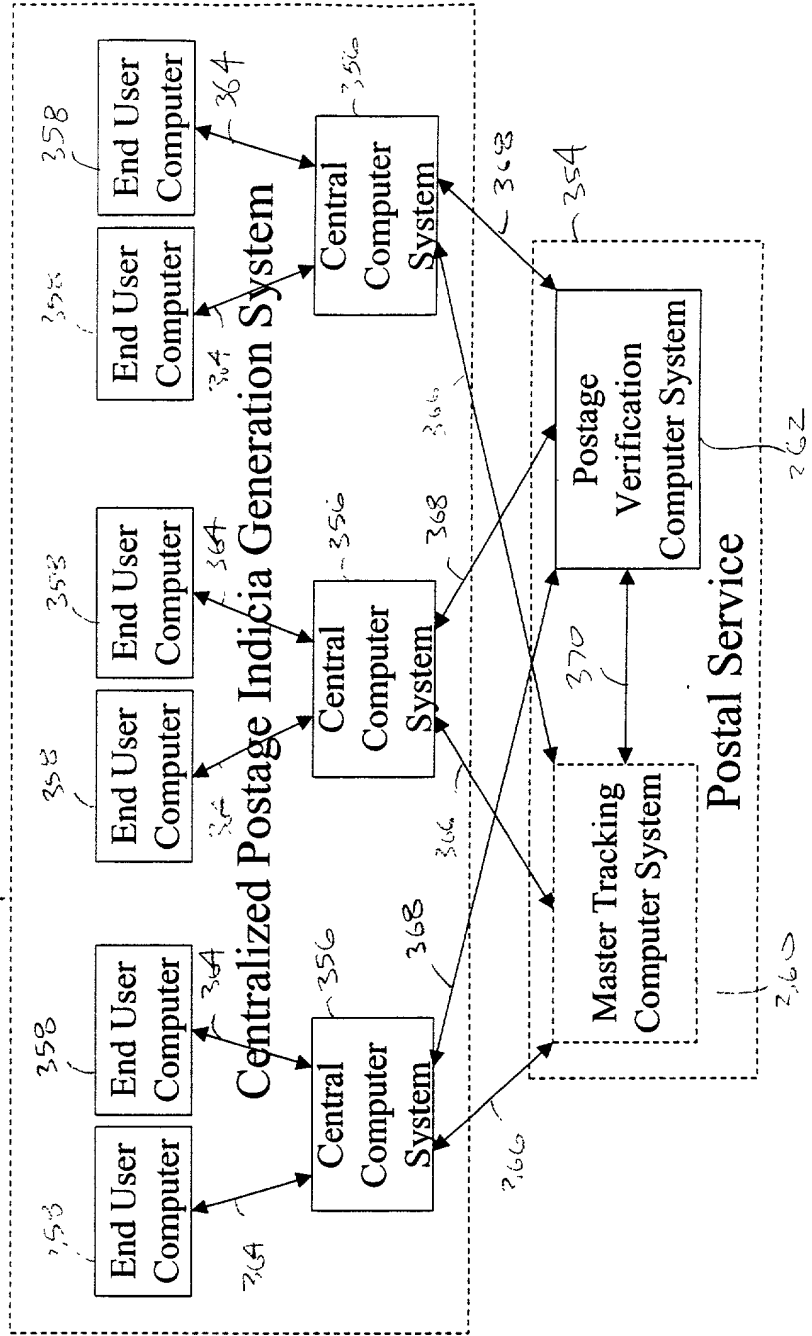


Fig. 15

350
352



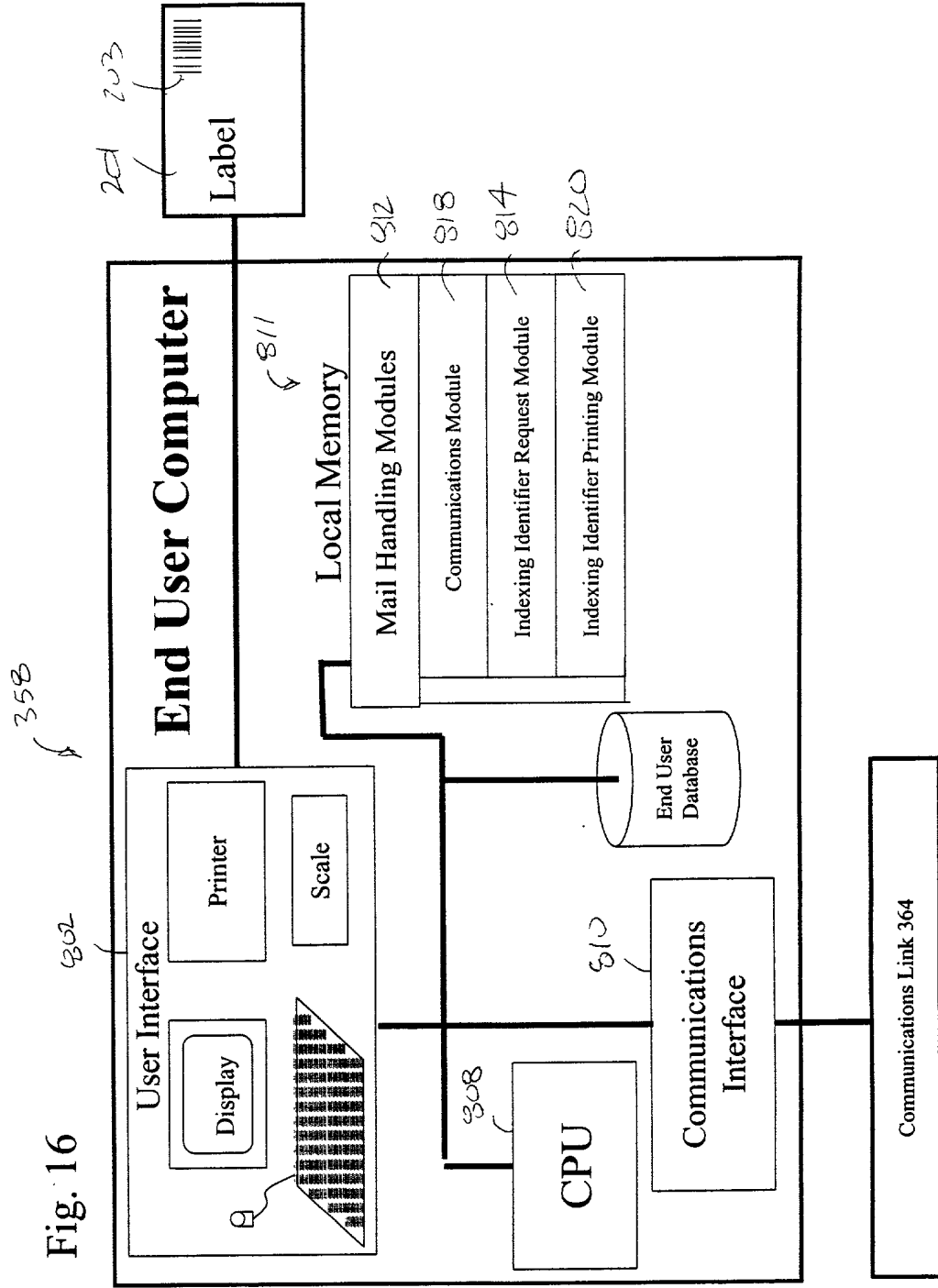


Fig. 17

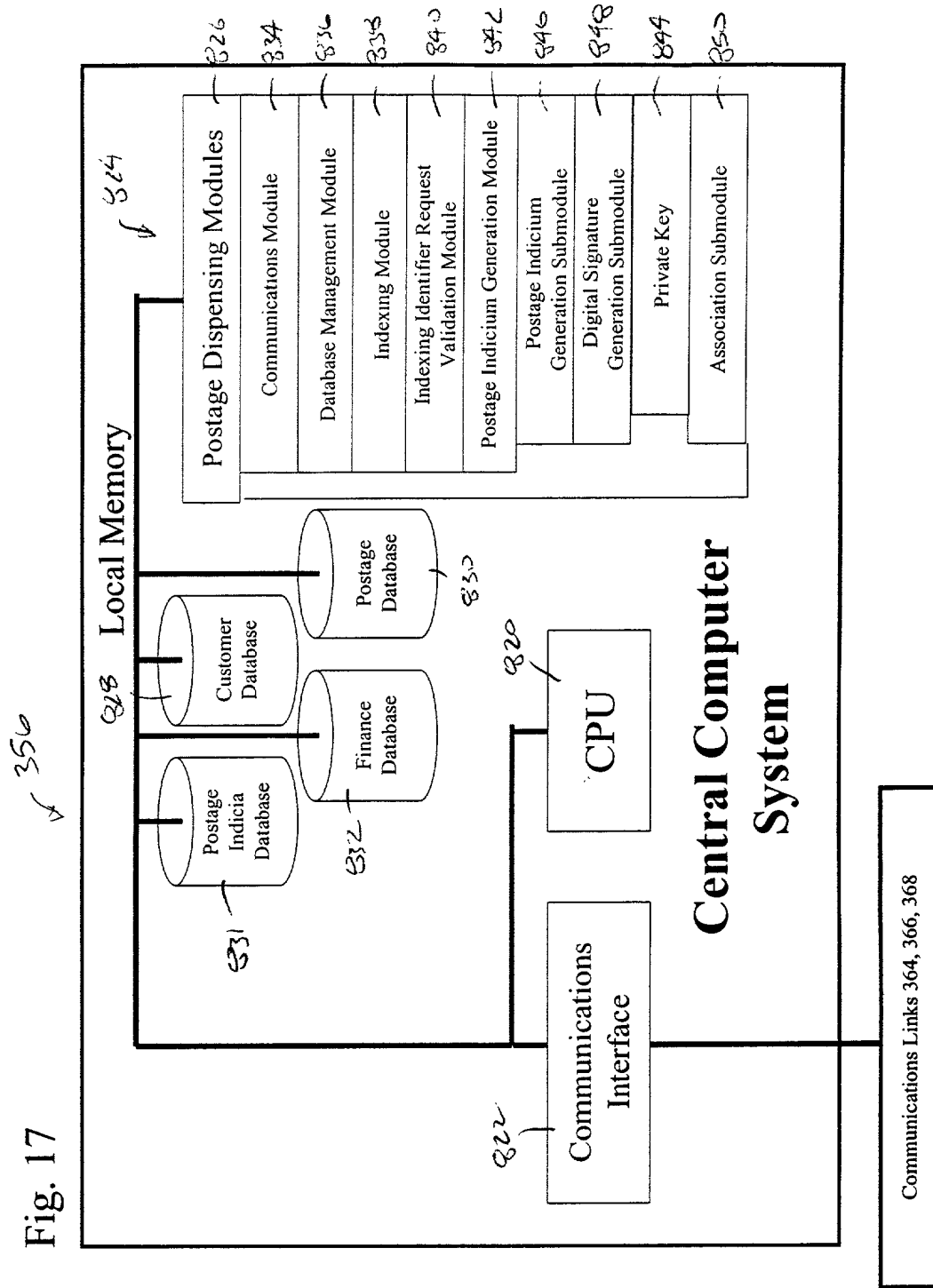
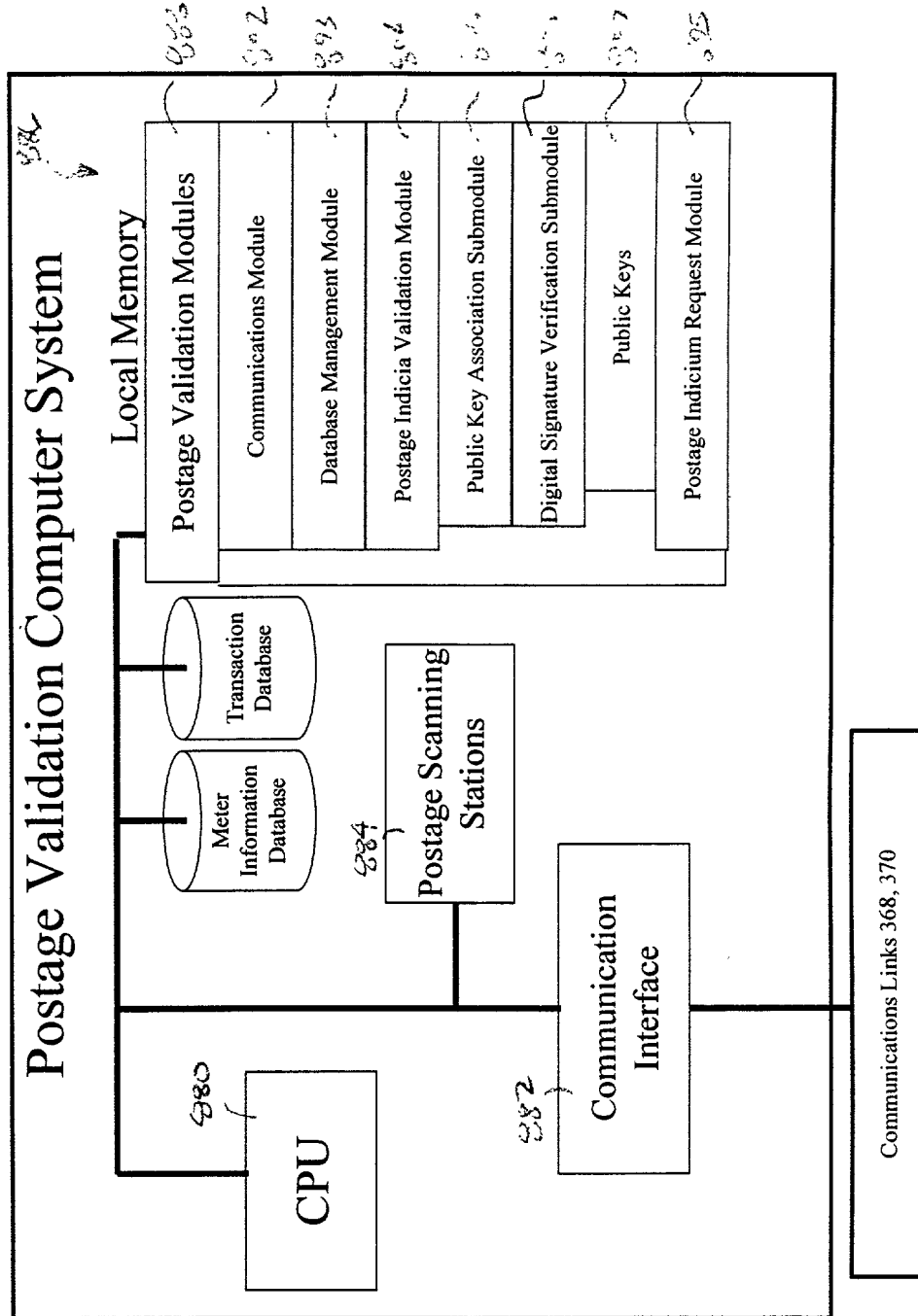


Fig. 18



FOOT" 5090660

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Fig. 19

US POSTAGE & FEES PAID \$0.33
FIRST CLASS
AUG 10 2000
SAN JOSE CA 95129
07V 0050 0361 000 001 221

256

Fig. 21

07 00500361 000001221

260

Fig. 20

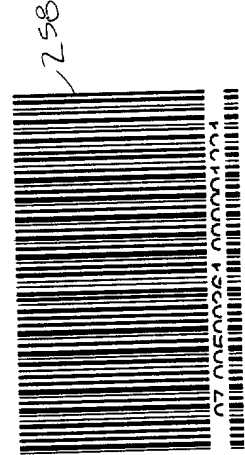


Fig. 22

US POSTAGE & FEES PAID
FIRST CLASS \$0.33
AUG 10 2000
SAN JOSE CA 95129
07V 0050 0361 000 001 221

262

Fig. 23

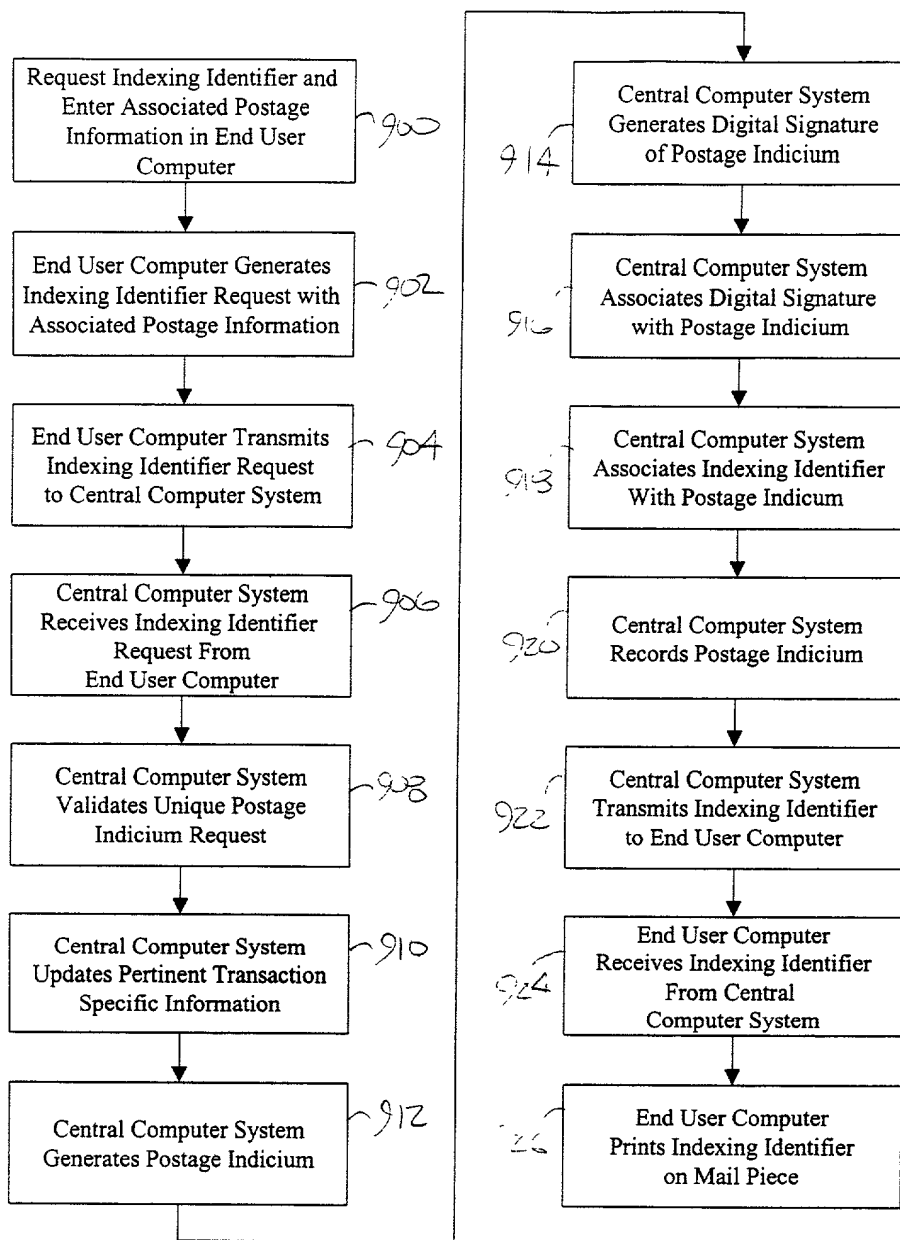


Fig. 24

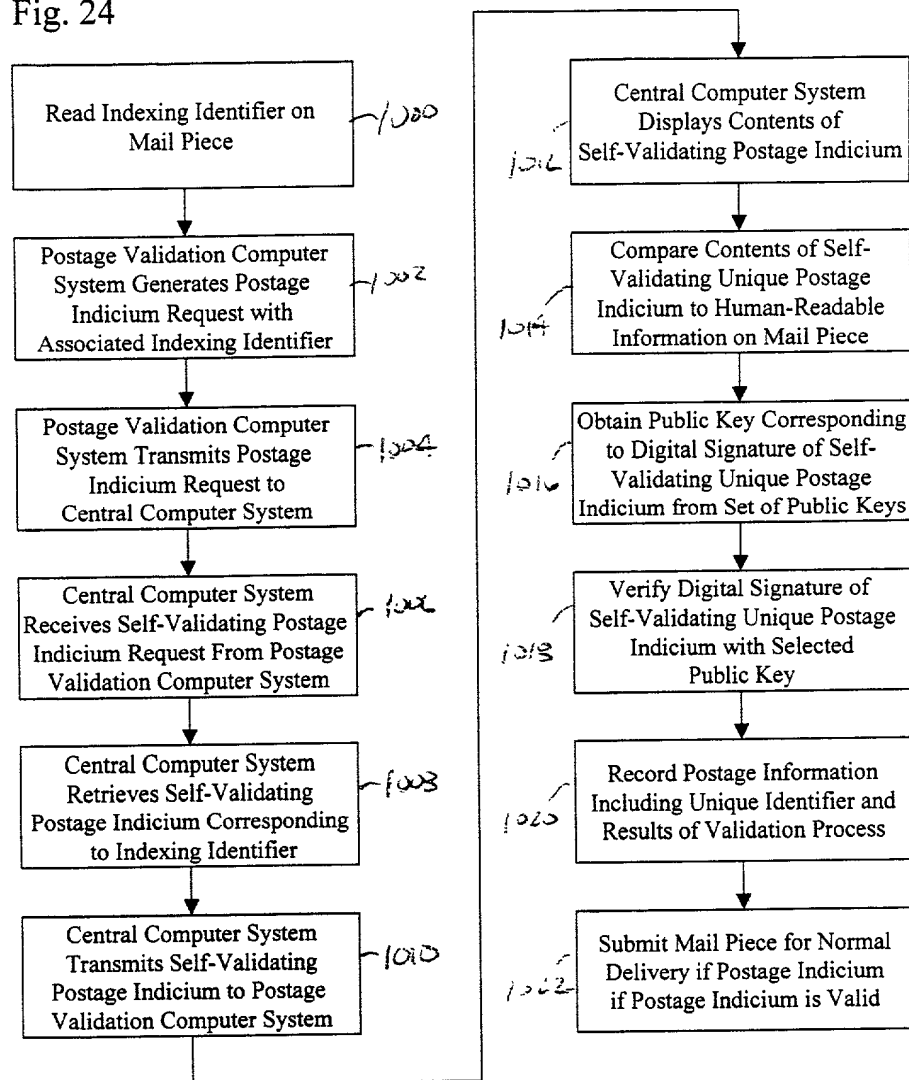
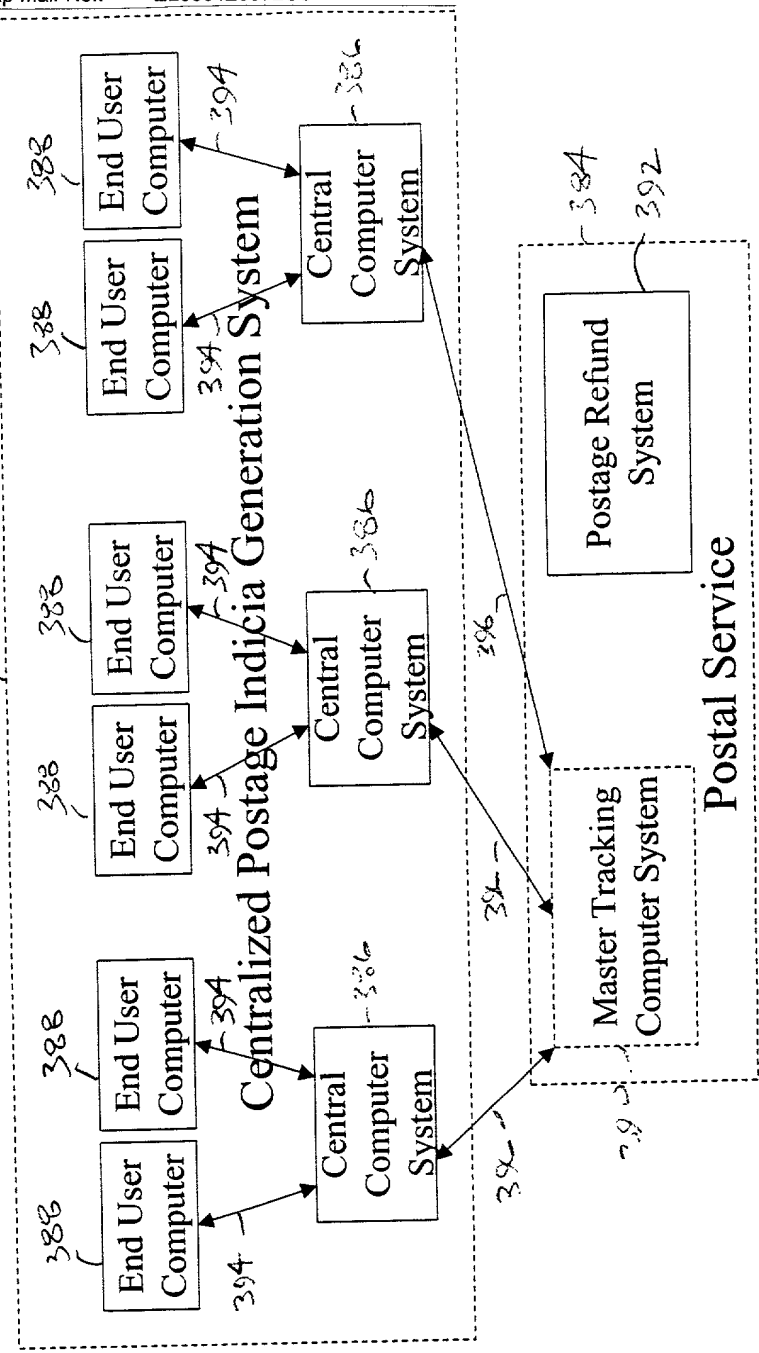


Fig. 25



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Endicia Internet Postage - Duplicate Transaction Audit - Microsoft Internet Explorer

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endicia Home Products Support Account Buy Stuff

Duplicate Same-Day Transaction Audit

Please enter a valid serial number

GO

Transaction	Destination	Service Class	Postage	USPS Transaction Status / Description
Piece No. 21307 Printed at 17:35:57 Item Not Refunded Eligible for Refund <u>Status</u>	Customer Name Company Name Address Line 1 City, ST Zip+4 Email none	Priority Mail w/ Delivery Conf 01905213007146938855	\$ 45.25	Accepted in Route (C) Your item was accepted at 10:00 pm on August 21 in PALO ALTO CA 94301
Piece No. 21308 Printed at 17:48:33 Item Not Refunded Non-Refundable Status Code D	Customer Name Company Name Address Line 1 City, ST Zip+4 Email none	Priority Mail w/ Delivery Conf 01905213007127708166	\$ 45.25	Delivered (C) Your item was delivered at 1:04 pm on August 22 in MEMPHIS TN 38134

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F16.27

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Duplicate Same-Day Transaction Audit
Please enter a valid serial number

GO 500361

Account	Transaction Date	Destination ZIP	Service Class	Postage	
500361	6/28/2001	56201-2854	Priority Mail w/ Delivery Conf	\$ 3.95	Get Status
500361	6/28/2001	92055-5001	Priority Mail w/ Delivery Conf	\$ 3.95	Get Status
500361	6/29/2001	07801-7302	Priority Mail w/ Delivery Conf	\$ 3.95	Get Status
500361	6/29/2001	33409-4407	Priority Mail w/ Delivery Conf	\$ 3.50	Get Status
500361	6/29/2001	44118-3572	Priority Mail w/ Delivery Conf	\$ 3.50	Get Status
500361	6/29/2001	53713-3700	Priority Mail w/ Delivery Conf	\$ 3.95	Get Status
500361	6/29/2001	60030-7816	Priority Mail w/ Delivery Conf	\$ 3.50	Get Status
500361	6/29/2001	60466-4131	Priority Mail w/ Delivery Conf	\$ 3.95	Get Status
500361	6/29/2001	78754-4558	Priority Mail w/ Delivery Conf	\$ 3.95	Get Status
500361	6/29/2001	80301-2515	Priority Mail w/ Delivery Conf	\$ 3.95	Get Status
500361	6/29/2001	89119-3064	Priority Mail w/ Delivery Conf	\$ 3.95	Get Status
500361	6/29/2001	93611-0503	Priority Mail w/ Delivery Conf	\$ 3.95	Get Status
500361	6/29/2001	94544-7040	Priority Mail w/ Delivery Conf	\$ 3.95	Get Status
500361	6/30/2001	77081-2912	Priority Mail w/ Delivery Conf	\$ 3.95	Get Status
500361	7/2/2001	55381-1885	Priority Mail w/ Delivery Conf	\$ 3.95	Get Status

Internet

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F16.2B

Endicia Internet Postage - Refund Pattern Audit - Microsoft Internet Explorer

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endicia Home Products Support Account Buy-Side

Refund Pattern Audit

Starting Date: 07/10/2001 Ending Date: 10/10/2001 Refund Threshold (%): 10 GO

Starting Time (GMT): 00:00:01 Ending Time (GMT): 23:59:59

Currently 10/10/2001 @ 22:37:54 GMT

Account	Refunded by Physical Proof	Refunded by Audit	Postage Printed	Notes
501720 Customer Name	174 11.5% \$ 290.28 11.0%	0 0% \$ 0.00 0%	1,510 \$ 2,580.84	+
501611 Customer Name	7 100.0% \$ 21.34 100.0%	0 0% \$ 0.00 0%	7 \$ 21.34	+
500281 Customer Name	5 13.2% \$ 20.23 40.0%	0 0% \$ 0.00 0%	38 \$ 50.66	+
502063 Customer Name	2 2.6% \$ 120.18 13.4%	0 0% \$ 0.00 0%	70 \$ 907.33	+
501580 Customer Name	1 4.8% \$ 3.50 26.0%	0 0% \$ 0.00 0%	21 \$ 13.46	+

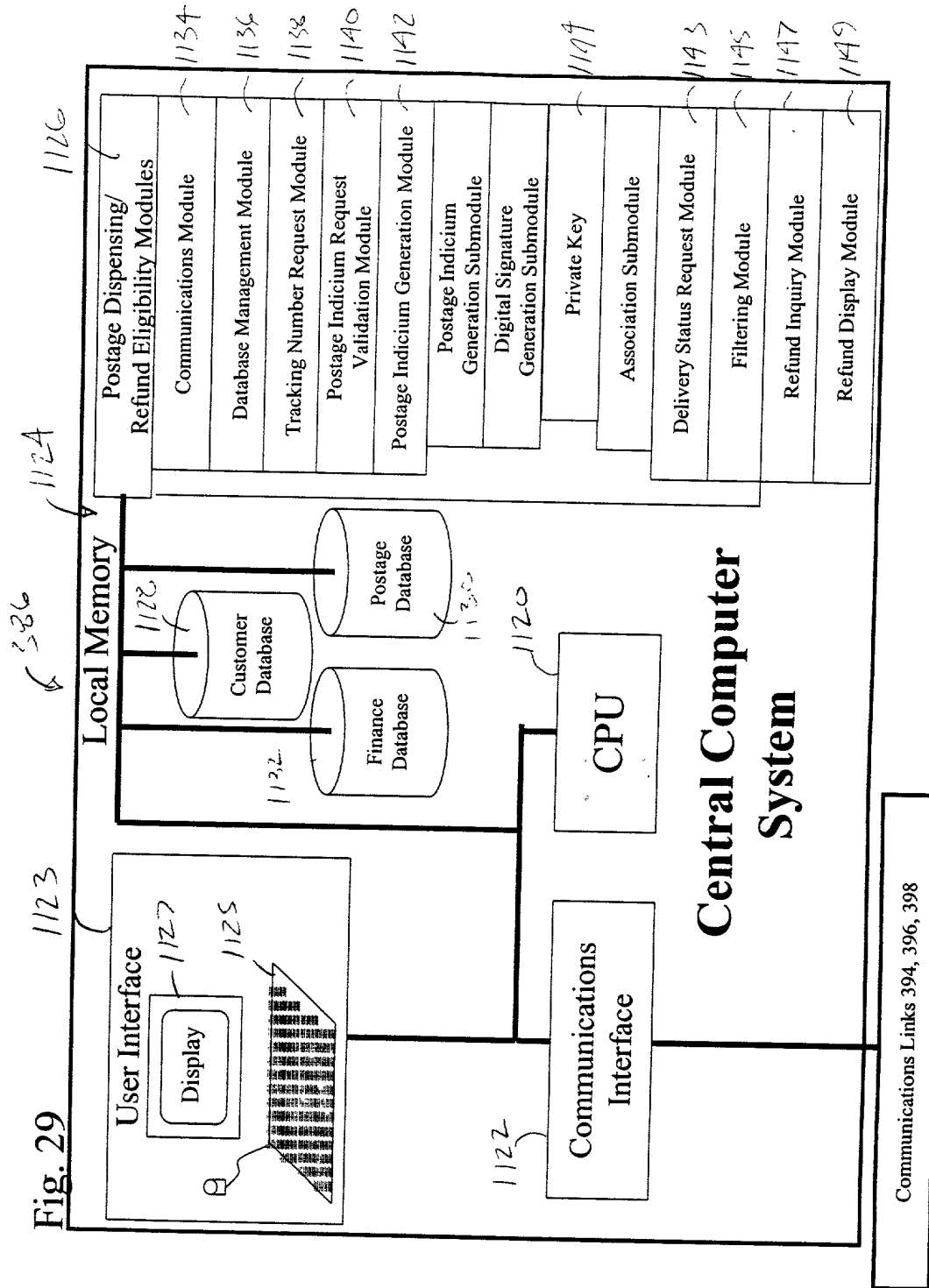
Report Summary

Summary Data	Number	Amount
Refunded by Physical Proof	189 08%	\$ 464.53 08%
Refunded by Audit	0 00%	\$ 0.00 00%
Postage Printed	249,658	\$ 604,307.26

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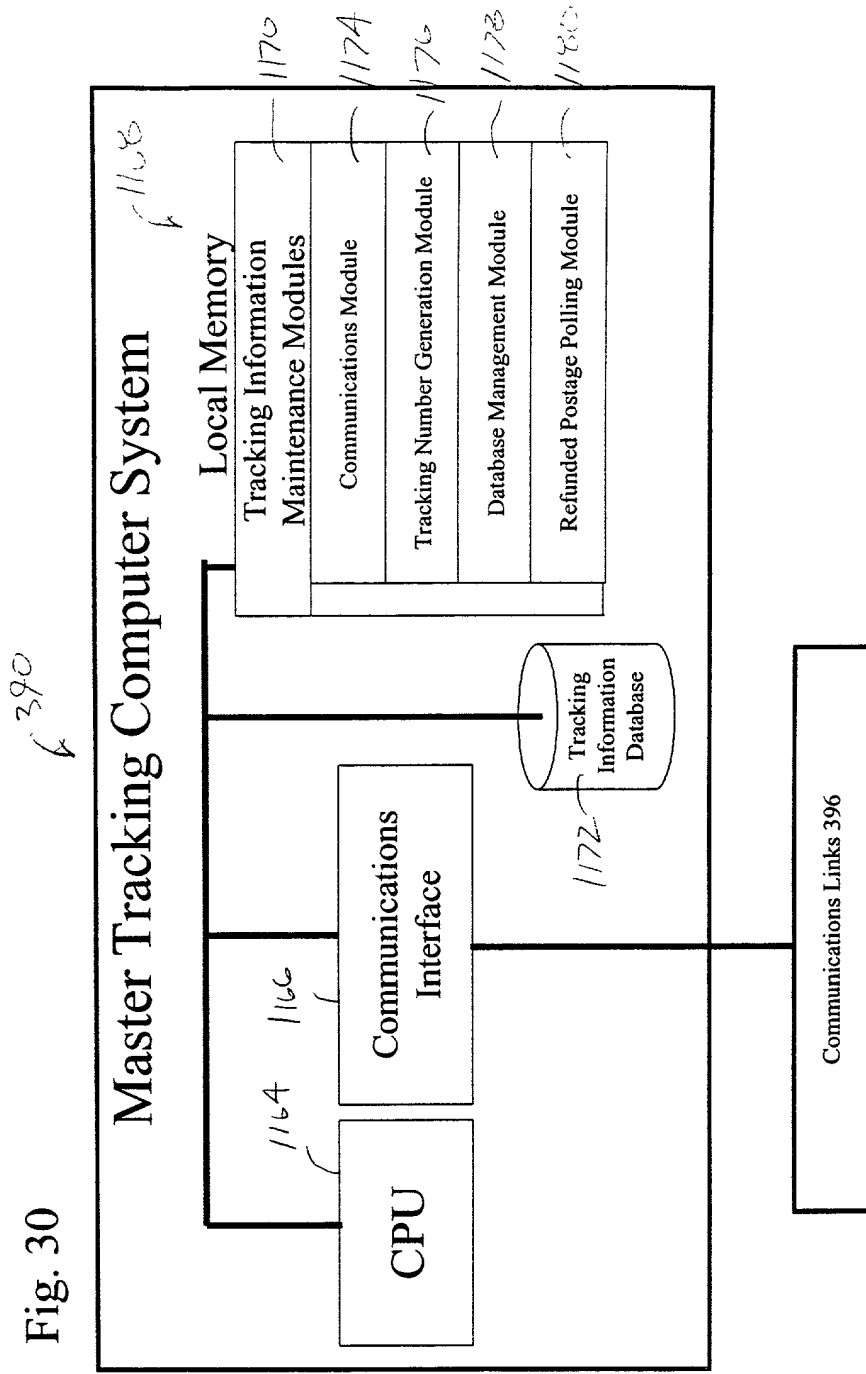


Fig. 31

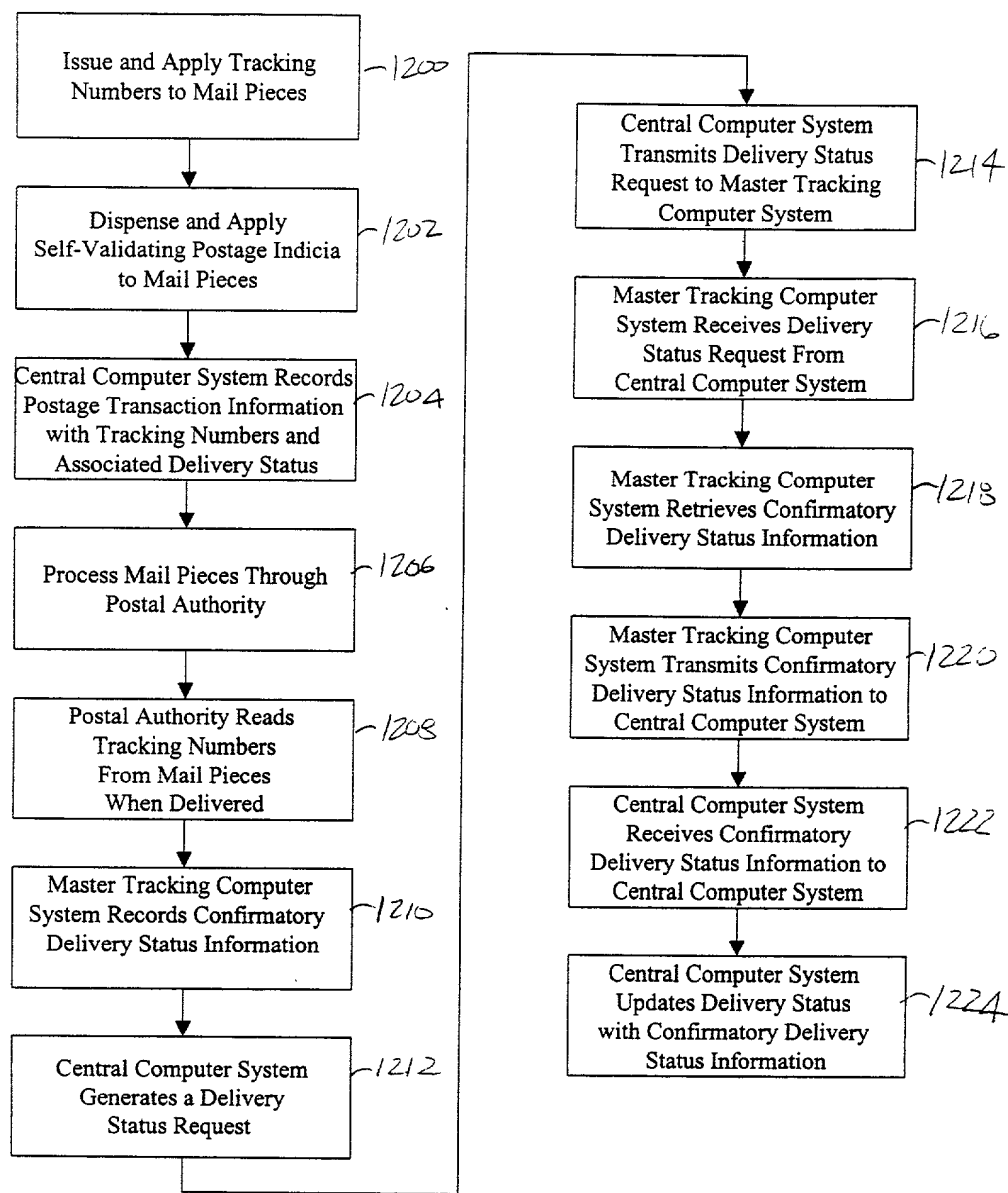
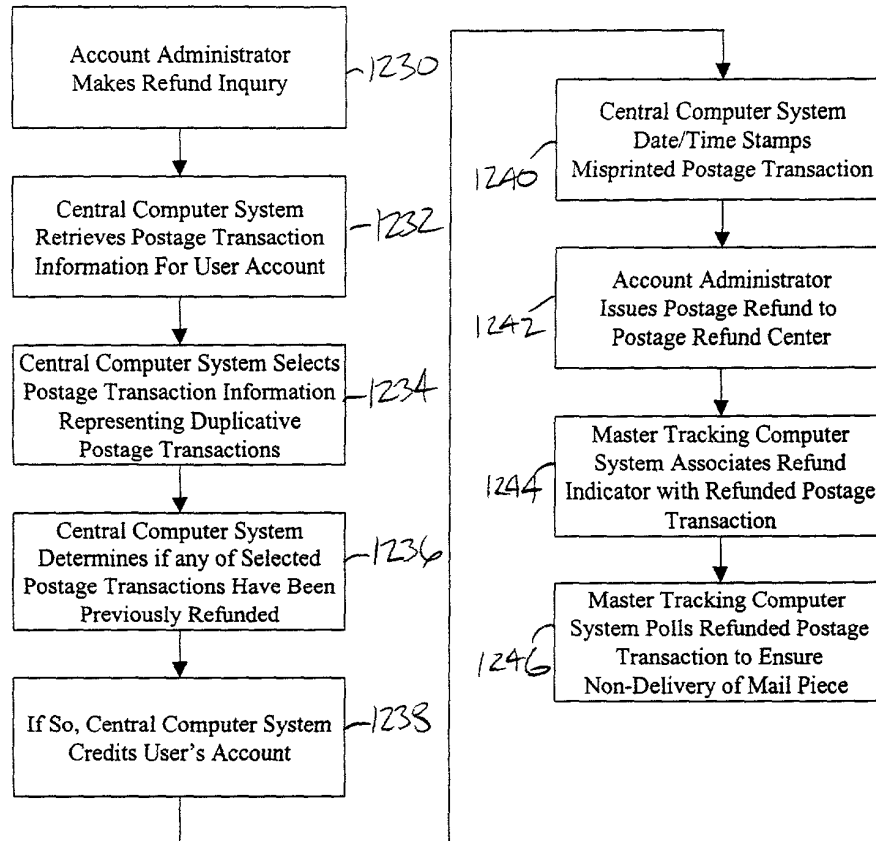
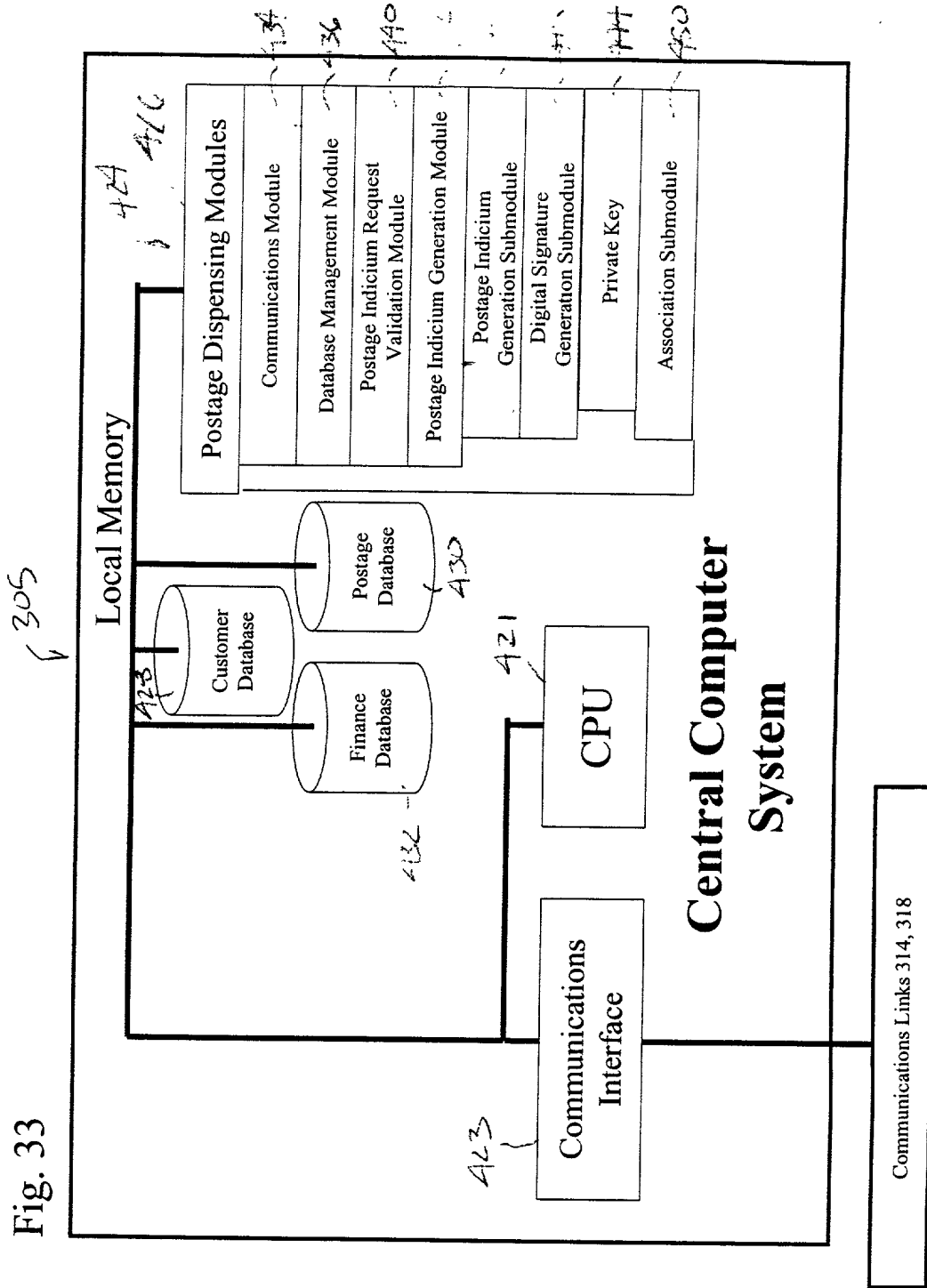


Fig. 32

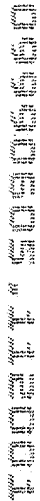
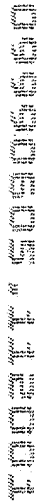




[illegible]

Table 1. Mean values of the variables measured during the 60-min test

	Pretest	Posttest
Age (years)	27.8 ± 1.9	27.8 ± 1.9
Height (cm)	176.5 ± 5.5	176.5 ± 5.5
Weight (kg)	72.5 ± 10.5	72.5 ± 10.5
VO _{2max} (l·min ⁻¹)	3.8 ± 0.4	3.8 ± 0.4
VO _{2max} (ml·kg ⁻¹ ·min ⁻¹)	52.5 ± 5.5	52.5 ± 5.5
HR _{max} (beats·min ⁻¹)	185 ± 10	185 ± 10
HR _{rest} (beats·min ⁻¹)	70 ± 10	70 ± 10
HR _{mean} (beats·min ⁻¹)	155 ± 10	155 ± 10
HR _{peak} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{threshold} (beats·min ⁻¹)	145 ± 10	145 ± 10
HR _{at threshold} (beats·min ⁻¹)	140 ± 10	140 ± 10
HR _{at peak} (beats·min ⁻¹)	175 ± 10	175 ± 10
HR _{at rest} (beats·min ⁻¹)	70 ± 10	70 ± 10
HR _{at end} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at start} (beats·min ⁻¹)	70 ± 10	70 ± 10
HR _{at finish} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at recovery} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 1 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 2 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 3 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 4 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 5 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 6 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 7 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 8 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 9 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 10 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 11 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 12 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 13 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 14 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 15 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 16 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 17 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 18 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 19 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 20 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 21 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 22 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 23 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 24 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 25 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 26 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 27 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 28 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 29 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 30 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 31 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 32 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 33 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 34 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 35 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 36 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 37 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 38 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 39 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 40 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 41 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 42 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 43 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 44 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 45 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 46 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 47 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 48 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 49 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 50 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 51 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 52 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 53 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 54 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 55 min} (beats·min ⁻¹)	180 ± 10	180 ± 10
HR _{at 56 min} (beats·min ⁻¹)</		

[illegible]

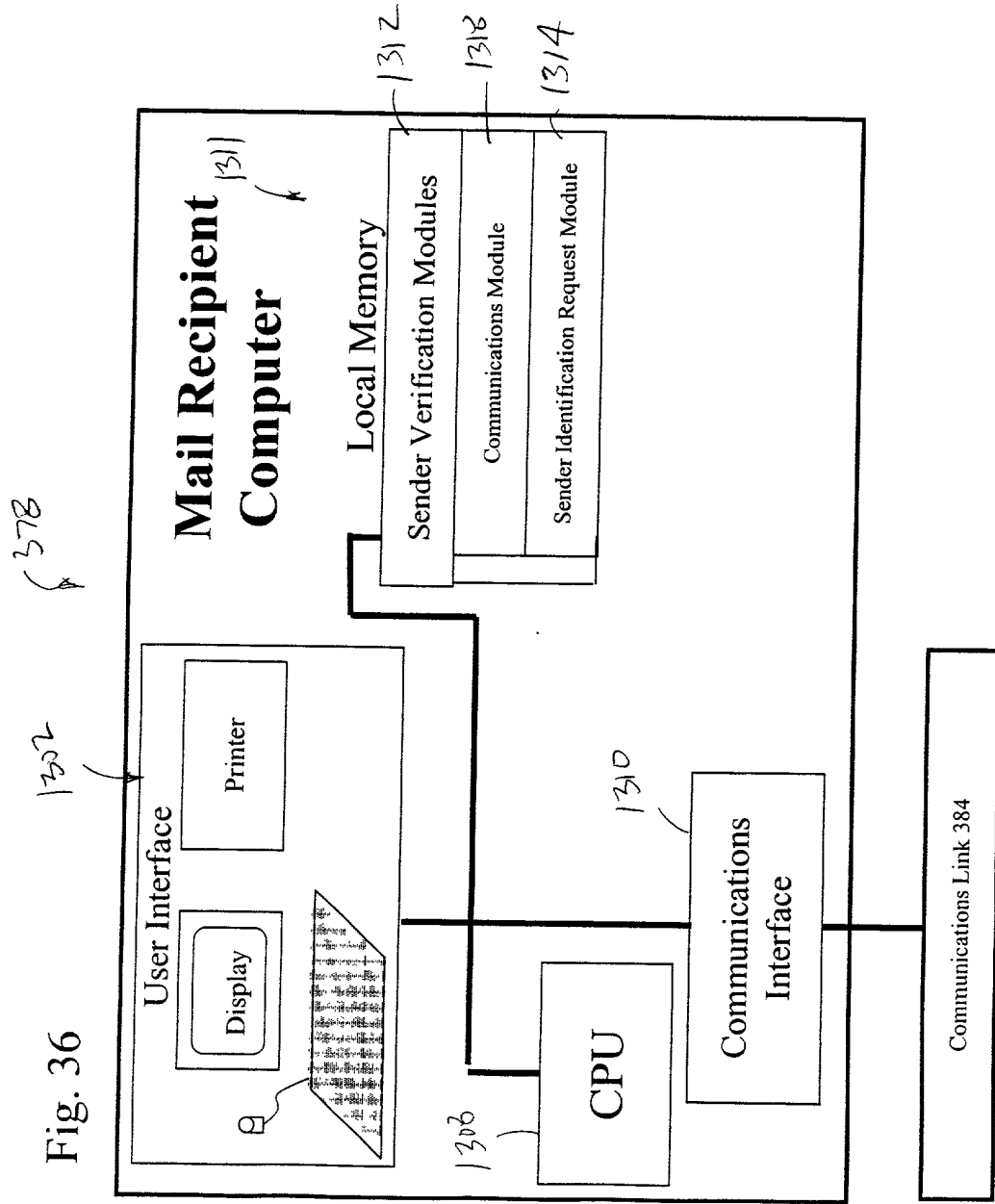


Fig. 37

